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Maternal supplementation of α -lipoic acid attenuates prenatal cytarabine exposure-induced oxidative stress, steroidogenesis suppression and testicular damage in F1 male rat fetus

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Abstract

Background: Cytarabine (Ara-C) is an anticancer drug, which is considered as the mainstay in the treatment of hematological malignancies, known to cause various teratogenic effects. Alpha-lipoic acid (ALA) is a natural antioxidant and its supplementation proved to improve pregnancy outcomes in several pathological conditions. We aimed at exploring the benefits of maternal supplementation of ALA against *in-utero* Ara-C exposure-induced testicular toxicity in rat fetuses.

Methods: Pregnant rats (dams) received normal saline (control group), ALA 200 mg/kg (ALA group), Ara-C 12.5 mg/kg (Ara-C 12.5 group), Ara-C 25 mg/kg (Ara-C 25 group), and Ara-C 25 mg/kg + ALA 200 mg/kg (protection group) from gestational day (GD)8 to GD21. Ara-C and ALA were administered via the intraperitoneal and oral routes, respectively. The day of parturition was considered as postnatal day (PND)1. On PND1, all the live male pups were collected. The maternal parameters evaluated include (a) food intake, (b) bodyweight, and (c) oxidative stress (OS) markers. The fetal parameters evaluated include (a) bodyweight, (b) anogenital distances (AGD), (c) testicular weight (d) testicular testosterone levels (e) testicular histopathology, and (f) morphometrical parameters.

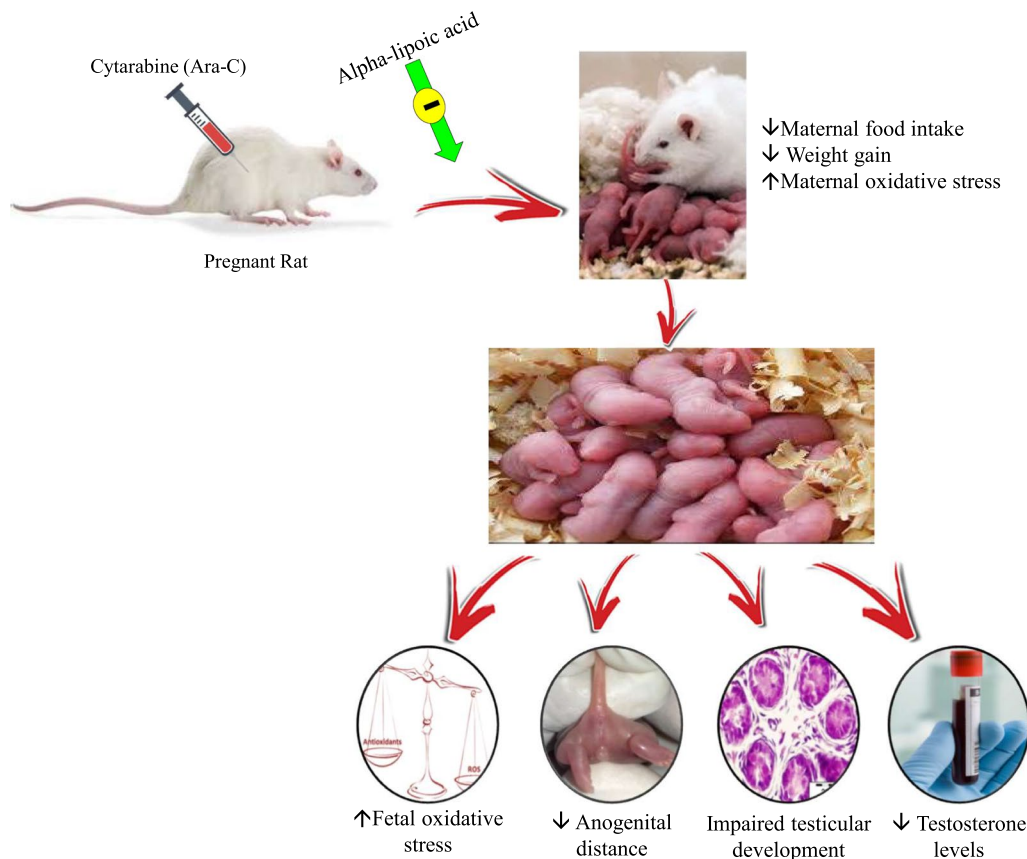
Results: A significant and dose-dependent decrease in maternal food intake, weight gain, and an increase in oxidative stress (OS) were observed in the pregnant rats of the Ara-C groups as compared to pregnant rats of the control group. Further, a significant and dose-dependent (a) reduction in bodyweight, AGD, testicular weight, and testosterone levels, (b) increase in OS, and (c) structural and morphometrical anomalies in fetal testes were observed in fetuses of Ara-C groups as compared to fetuses of the control rats. These deleterious effects observed in the Ara-C groups were found to be diminished in the pregnant rats and fetuses of the Protection group as compared to the pregnant rats and fetuses of the Ara-C 25 group.

Conclusions: From the results of this study, we conclude that the maternal supplementation of ALA may ameliorate the Ara-C exposure-induced impairment in prenatal development and function of the testes in the rat fetuses. However, future experimental and clinical studies are warranted to explore the possible mechanisms involved in the protection offered by maternal supplementation of ALA against Ara-C induced testicular toxicity.

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Graphical Abstract



1 Background

Cancer in pregnancy was considered infrequent as it was affecting 1 in 1000 pregnancies. However, several recent epidemiological studies emphasize the fact that the incidence of cancer in pregnancy is raising its bars in the recent years [1]. Breast, cervical and hematological malignancies are reported as the most frequent cancers during pregnancy [2]. Furthermore, among all the hematological malignancies, acute myeloid leukemia (AML) is considered as the most prevailing [3]. Treating malignancies during the period of pregnancy with chemotherapy is very challenging, as the treating physicians must consider the risk to both mother and fetuses [4]. Prenatal exposure to most of the chemotherapeutic agents leads to impaired prenatal and postnatal development, and function of various systems resulting in teratogenicity [5]. Anomalies in the development of the fetal reproductive system are reported to cause impairment in fertility and the quality of life during adult age [6].

Cytosine arabinoside (Ara-C, Cytarabine, 1-b-D-arabinofuranosylcytosine) is an anti-metabolite (deoxycytidine analog) anticancer drug serving as cornerstone therapy in AML treatment for the last four decades [7, 8]. Ara-C has been clinically used as an anticancer and antiviral drug. Ara-C has a similar structure with deoxycytidine but the presence of arabinose sugar instead of ribose sugar makes Ara-C different from deoxycytidine [9]. During the S-phase of cell cycle, Ara-C triphosphate metabolite (Ara-CTP) competitively inhibits the incorporation of deoxycytidine triphosphate by DNA polymerase into the growing DNA chain and thereby curtailing DNA synthesis during replication and repair [10–12]. Ara-C administration is found to elevate the oxidative stress (OS), DNA damage, restrict of cell proliferation, and promotes the apoptosis which contributes to its cytotoxic action [12–14]. Despite its therapeutic avenues, Ara-C was reported to cause various side effects like genotoxicity,

bone marrow toxicity, neurotoxicity, gastrointestinal toxicity, testicular toxicity, and teratogenicity [15, 16]. The men treated for leukemia in childhood reported having impaired gonadal function [17]. Pre-pubertal Ara-C administration resulted in impaired postnatal testicular development, and spermatogenesis [12]. However, there were no studies that explored and characterized the outcomes of prenatal Ara-C exposure on fetal steroidogenesis, testicular development during embryonic period. Despite its various side effects, Ara-C is being used as a cornerstone therapy in the management of several hematological malignancies. Hence, there is a great need for developing strategies that offer protection against developmental and functional aberrations caused by Ara-C in the male reproductive system of rat fetuses.

Alpha-lipoic acid (1,2-dithiolane-3-pentanoic acid, ALA), a tissue component, acts as a biological antioxidant. ALA is a natural antioxidant which plays an imperative role in several biological pathways in plants, animals, and humans [18]. Furthermore, ALA is well known as a universal antioxidant as it offers antioxidant effects in both lipophilic and lipophobic biological environments [19, 20]. ALA is also known as ‘double antioxidant’ as both ALA and its metabolite, dihydro alpha-lipoic acid, holds excellent antioxidant activity. ALA plays an imperative role in several metabolic pathways by acting as a modulator, co-factor for various enzymes, a metal chelator, antioxidant, rejuvenator of other antioxidants [11]. Further, copious experimental and clinical data suggest ALA’s therapeutic potential in offering protection against several toxic pathological conditions induced by maternal diseases, chemical or toxicant exposures [18, 21–23]. In our previous study, we explored ALA’s protective effect against Ara-C-induced teratogenic effects and impaired skeletal system development in rat fetuses [11]. The maternal supplementation of ALA was found to offer protection against maternal nicotine- [24], dioxin- [25, 26], and carbimazole- [27] induced testicular toxicity in rat offspring. Further, the therapeutic potential of ALA in ameliorating testicular toxicity induced by chemical-, toxicant- or drug- exposure was proved in several studies.

In recent years, the use of the natural products as dietary components for the treatment of several diseases and for improving wellbeing is receiving an increasing attention globally [28]. Therefore, in view of the above considerations, we carried out this research work to explore the effects of maternal Ara-C exposure on the development of the fetal rat testes and the possible protective effects of ALA against Ara-C induced developmental anomalies in fetal rat testes.

2 Methods

2.1 Study design

The Institutional Animal Ethics Committee has approved the protocol (Approval Number: MLRIP/IAEC/2018/02) and all procedures were conducted as per the guidelines of the committee for the purpose of control and supervision of experimentation on animals. The animals used in this study were kept in an animal house that is maintained in a controlled environmental condition (22 ± 2 °C temperature, $50 \pm 10\%$ humidity, and 12 h light/12 h dark cycle). During the study period, all the animals were provided with standard laboratory animal feed and water. These animals were allowed to acclimatize to the experimental conditions for a weekdays prior to starting the experiments.

The female rats in estrous were allowed to mate with male rats in a ratio of 2 females and 1 male. On the next day morning, the female rats with a vaginal plug and/or traces of sperm in vaginal smears were considered pregnant [gestation day (GD) 0]. On GD7, the non-pregnant rats were separated from the dams. On GD8, 30 dams were randomly assigned to five groups and received normal saline (control group), ALA 200 mg/kg (ALA group), Ara-C 12.5 mg/kg (Ara-C 12.5 group), Ara-C 25 mg/kg (Ara-C 25 group), and Ara-C 25 mg/kg + ALA 200 mg/kg (Protection group) from GD8 to GD21 [11]. Ara-C and ALA were administered via the intraperitoneal and oral routes, respectively. During the study period, the food intake and bodyweights of each dam were recorded daily and a thorough examination for any clinical abnormalities, mortality, and morbidity was performed at least once a day.

2.2 Sampling

Blood was collected from dams on GD21 using the retro-orbital bleeding method and the same was used for the estimation of OS markers. The day of parturition was considered as postnatal day (PND)1. On PND1, all the live male pups were collected, weighed, and anogenital distance (AGD) (the distance from the midpoint of the anus to the genitalia) [29] were recorded. Further, fetal testes were carefully collected and used for histopathological, hormonal, and morphometrical evaluation.

2.3 Estimation of oxidative stress (OS) markers

One testis from each fetus were pooled up, homogenized, centrifuged (10 min at 700 g) and the resultant supernatant solution was isolated. The supernatant solution of fetal testes and plasma samples of dams were used for the evaluation of OS markers. The OS parameters evaluated in this study include malondialdehyde (MDA), catalase (CAT), superoxide dismutase (SOD), glutathione (GSH), glutathione peroxidase (GSH-Px), and protein content

that were measured as per the methods described by Ohkawa et al. [30], Sinha [31], Kono [32], Ellman [33], Rotruck et al. [34], and Lowry et al. [35], respectively.

2.4 Estimation of testosterone levels

The fetal testosterone levels were determined using the supernatant obtained as per the instructions provided in the commercially available kits (Testosterone ELISA CE) obtained from Biochrome Scientific, Hyderabad. [36]

2.5 Histopathology and morphometry

The second testes of each fetus were fixed in 10% neutral buffered formalin (NBF). These formalin-fixed testes have undergone the below steps in a sequence: (1) soaking in phosphate buffer saline, (2) dehydration using a series of increasing concentrations (70%, 80%, 90%, and 100%) of ethanol solutions, (3) soaking in the xylene (to clear the alcohol), (4) embedding in paraffin, (5) sectioning (5 μ m), (6) mounting on glass slides, (7) drying overnight, (8) deparaffinization, (9) rehydration, and (10) staining with Hematoxylin & Eosin (ES). The stained tissues on the slides were examined for any histological and morphometrical alterations using a microscope that was connected to a CCD camera and imaging software. The mean diameter (mean of vertical and horizontal diameters) and area of seminiferous tubules (STs) were calculated using a total of 90 STs. For tubular density, a total of 20 random focuses (60 mm square area) per animal were used. Further, a total of 30 STs from each animal were analyzed to calculate number of multinucleated germ (MNG) cells [37].

2.6 Statistical analysis

The results were expressed as mean \pm SEM for each group. Statistical differences between the groups were determined by one-way ANOVA followed by multiple comparisons with Tukey's test using Sigma Stat 2.03 statistical software. The level of statistical significance was set at $P < 0.05$.

3 Results

3.1 Maternal toxicity

No external signs of toxicity, morbidity, and mortality were observed in dams of all the study groups. A statistically significant and dose-dependent decrease in weight gain (Fig. 1A–C) and food intake (Fig. 1E) was observed in dams of Ara-C groups in a dose-dependent manner as compared to the dams of the control group. Interestingly, the dams of the protection group showed a significant increase in food intake and weight gains as compared to the dams of the Ara-C 25 group. Further, similar trends were observed in all the groups when percentage weight gain was analyzed (Fig. 1D). A dose-dependent elevation

in MDA levels and reduction in non-enzymatic (GSH) and enzymatic (CAT, SOD, and GPx) antioxidant levels were observed in the dams of Ara-C groups as compared to the dams of the control group (Fig. 2A–E). Interestingly, a dose-dependent reduction in MDA levels and elevation in non-enzymatic (GSH) and enzymatic (CAT, SOD, and GPx) antioxidant levels were observed in the dams of the protection group as compared to the dams of the Ara-C 25 group.

3.2 Fetal toxicity

3.2.1 Effect on bodyweight, organ weights and anogenital distance

The fetuses of Ara-C groups demonstrated a significant reduction in the bodyweight (Fig. 3A), testicular weight (Fig. 3B), and AGD (Fig. 3C) in a dose-dependent manner as compared to the fetuses of the control group. Interestingly, the fetuses of the protection group demonstrated a clear increase in the bodyweight and testicular weight as compared to the fetuses of the Ara-C 25 group.

3.2.2 Oxidative stress parameters

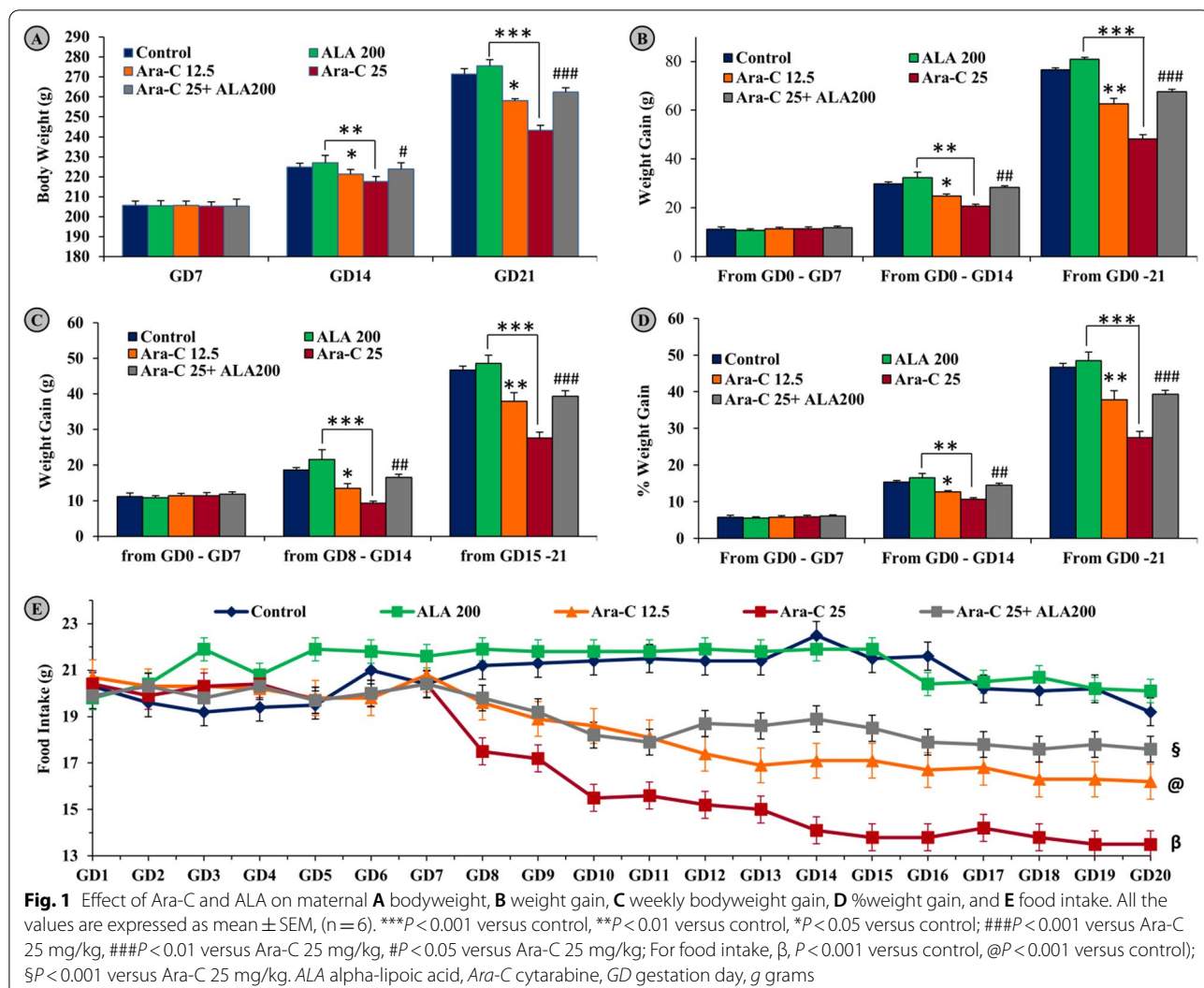
The fetuses of the Ara-C groups demonstrated a significant and dose-dependent elevation in MDA levels as compared to the fetuses of the control group. The fetuses of protection group demonstrated a clear reduction in MDA levels as compared to the fetuses of the Ara-C 25 group (Fig. 4A–E). Further, a significant and dose-dependent reduction in GSH, SOD, GPx, and CAT levels was observed as compared to the fetuses of the control group. Interestingly, the fetuses of the protection group demonstrated a clear increase in GSH, SOD, GPx, and CAT levels as compared to the fetuses of the Ara-C 25 group (Fig. 4A–E).

3.2.3 Testosterone levels

The fetuses of the Ara-C groups demonstrated a significant reduction in the testosterone levels in a dose-dependent manner as compared to the fetuses of the control group. Interestingly, the fetuses of the protection group demonstrated a clear increase in the testosterone levels as compared to the fetuses of the Ara-C 25 group (Fig. 5A).

3.3 Histopathology and morphometric analysis

The fetuses of the control group and ALA group were found to have a normal testicular architecture. However, the fetuses of Ara-C groups were found to have a distorted testicular architecture (Fig. 6). The histological anomalies observed in the testes of the fetuses of Ara-C groups include a reduction in the size of Leydig cells, number of supporting cells and an increase in vacuolization in STs and in the interstitial area (Fig. 5B–E).

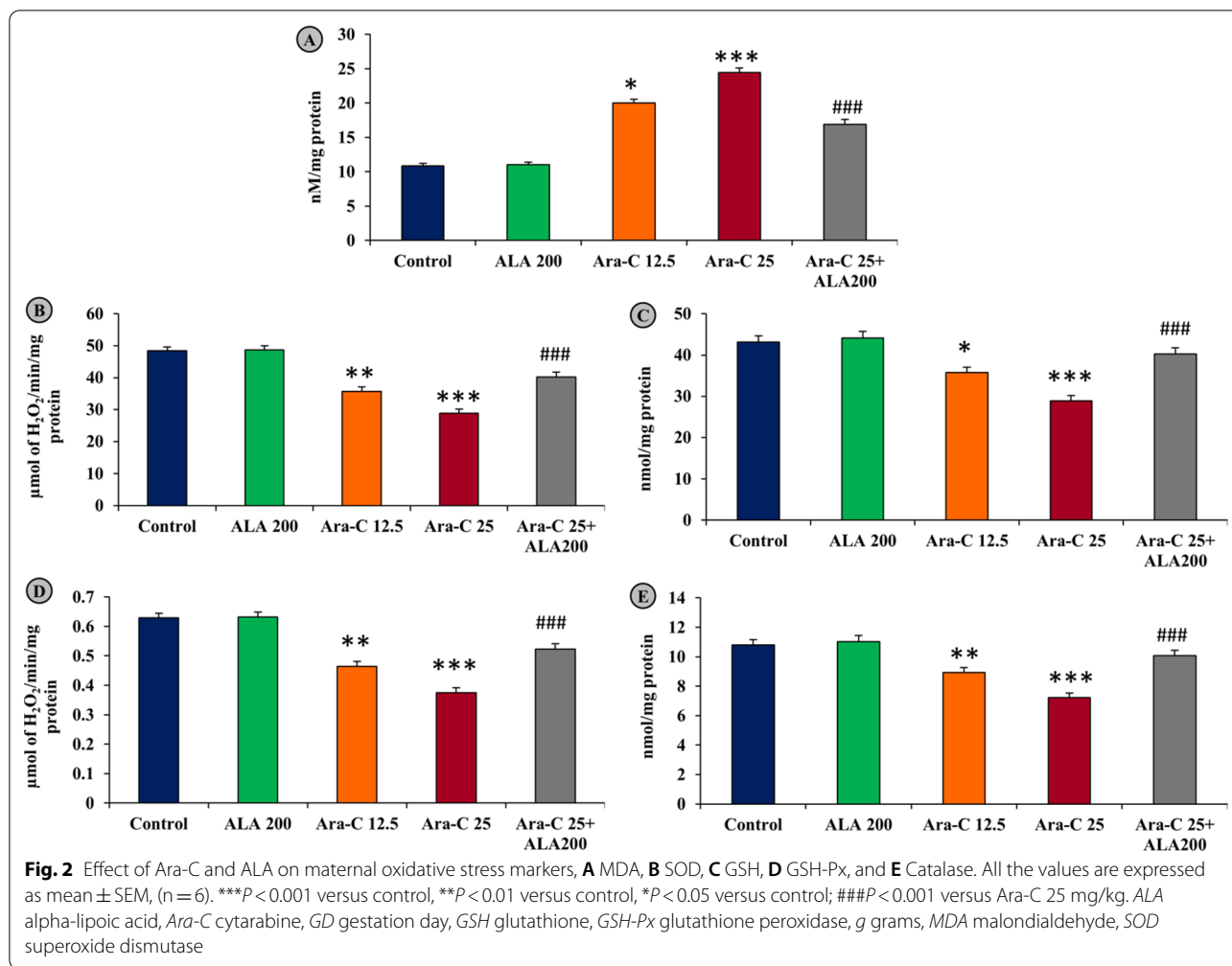


Interestingly, a significant increase in the size of Leydig cells and the number of supporting cells and a decrease in vacuolization in STs and interstitial area were witnessed in the fetuses of protection group as compared to the fetuses of the Ara-C 25 group. Further, a clear reduction in diameter of the STs and number of cells in STs, increase in density of STs, and degeneration of the seminiferous epithelium (DSE) were observed in the testes of the fetuses of Ara-C groups as compared to the fetuses of the control group (Fig. 5B–E). Interestingly, a clear increase in diameter of the STs and number of cells in STs, decrease in density of STs, and DSE were observed in the testes of the fetuses of the protection group as compared to the fetuses of Ara-C 25 group (Fig. 6A–E). No difference was observed in the incidence of MNGs among all study groups (Fig. 5D).

4 Discussion

The results of the study are clearly indicating the potential of ALA in alleviating pre-natal Ara-C exposure-induced impairment in the fetal testicular development and steroidogenesis.

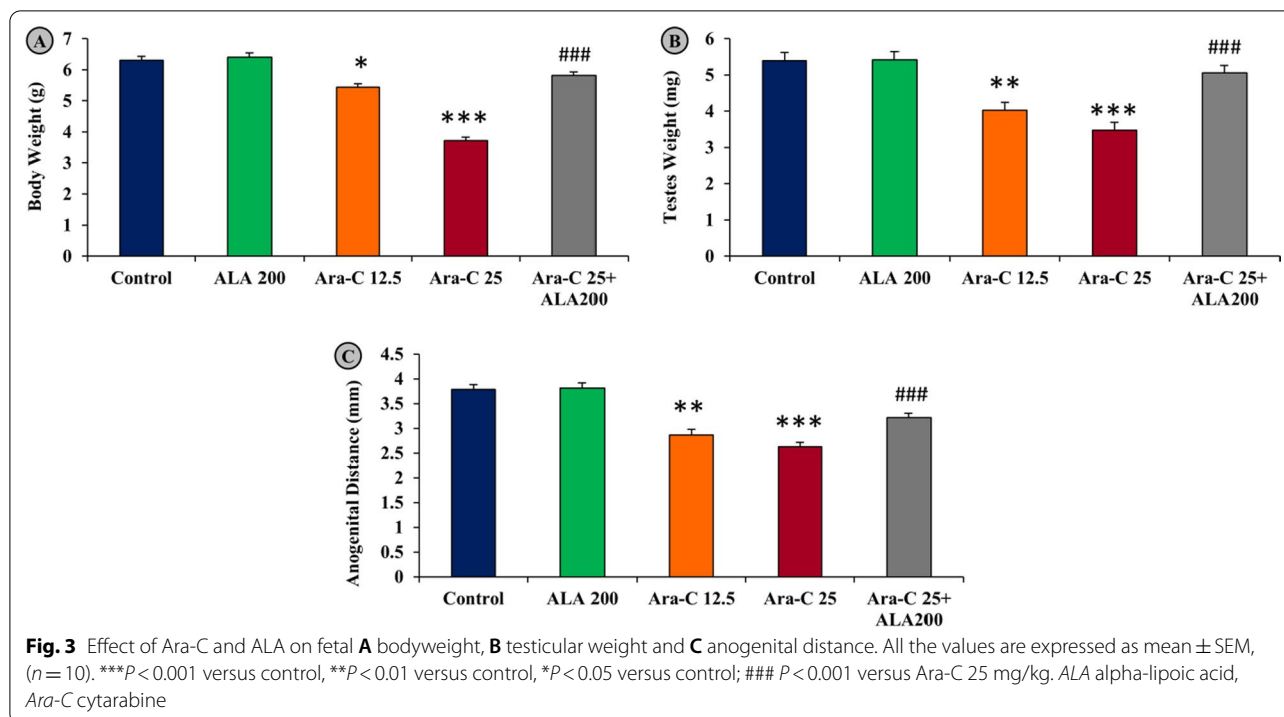
In the present study, the administration of Ara-C during gestational period (GD8 to GD21) resulted in reduction of food intake and bodyweight gain and increase in OS. These results are in line with the results of our previous study [11] in which the exposure to Ara-C during the gestation period impaired the placental development as revealed by an increase in oxidative damage and reduction in placental weight. The OS and DNA damage were reported as key pathological damages implicated in Ara-C-induced cytotoxicity [12, 15, 38, 39]. Further, the prenatal exposure to Ara-C reported to impair



cell proliferation and provoke apoptosis in the placenta (especially in the labyrinth zone) which eventually leads to impaired placental development [14]. Accumulating research evidence suggests that the oxidative damage impairs the maternal pathways that are crucial for the maintenance and success of the pregnancy [40, 41]. It is well known that the structural, nutritional, and biochemical support from the placenta is crucial for the development of organ systems during embryonic life and plays a critical role for postnatal development in the offspring. Further, the perturbations in the structural and functional capacity of the placenta reported to cause to developmental toxicity [37, 42, 43]. In line with the previous studies, a clear maternal toxicity was observed in this study which is clearly indicating the potential of Ara-C in causing developmental toxicity. Interestingly, ALA co-administration was found to reverse Ara-C-induced toxic effects in maternal rats. From these results, it is evident

that ALA has the potential to ameliorate the maternal toxicity by Ara-C. Furthermore, several clinical and non-clinical studies have shown the ALA's potential in offering protection against various pregnancy-associated ailments and chemical-induced developmental toxicity [25, 44, 45].

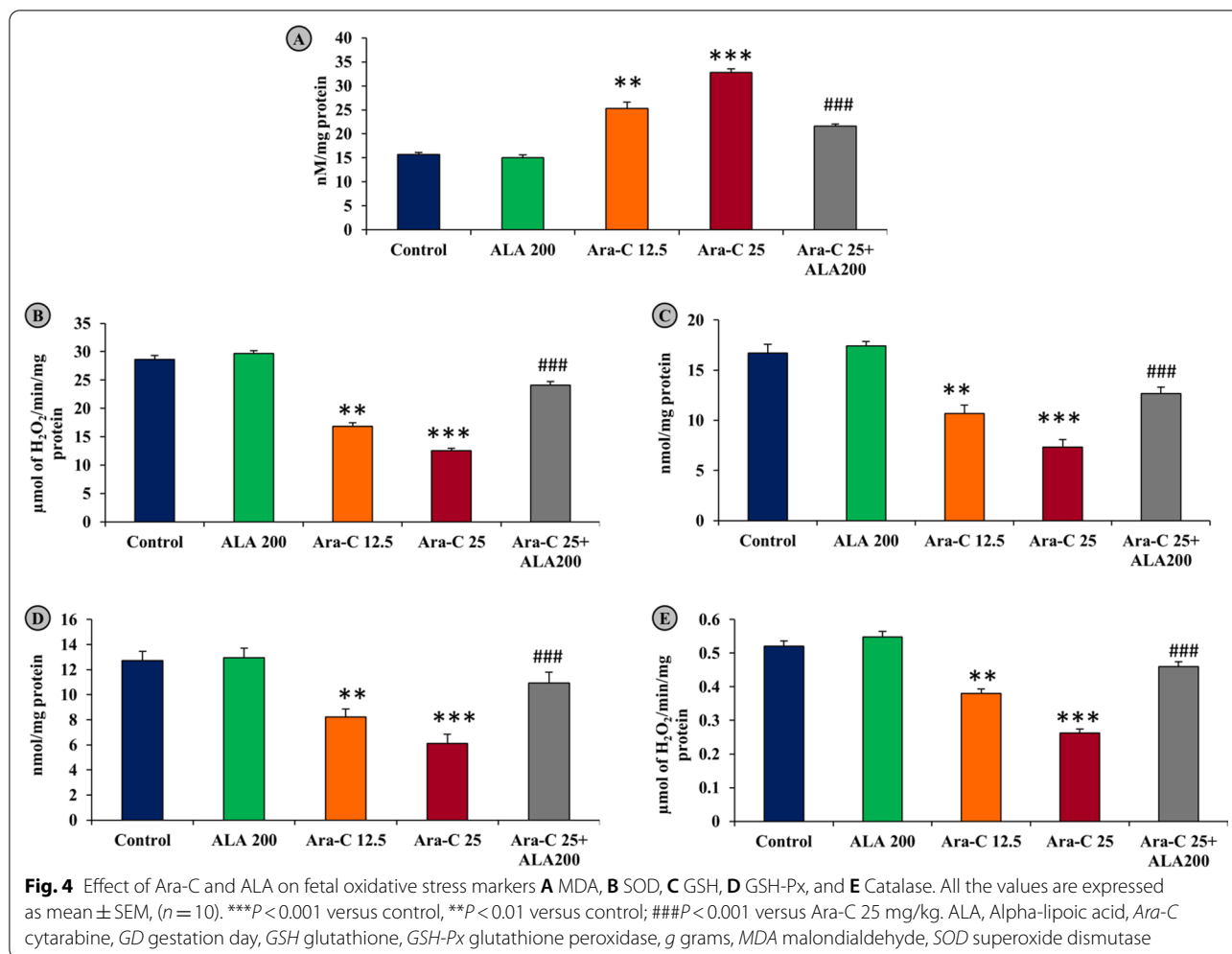
In this study, exposure to Ara-C in embryonic period during which male reproductive system development occurs resulted in clear oxidative imbalance in the testes of the fetuses. This claim was based on a clear imbalance between oxidative free radicals and antioxidant levels as evidenced by a significant elevation in MDA, and reduction in enzymatic (SOD, GSH-Px, and CAT levels) and non-enzymatic (GSH) antioxidants in fetal testes prenatally exposed to Ara-C. In our previous study, a clear oxidative damage in rat fetuses was observed after having Ara-C exposure during the gestation period as supported by elevation in oxidative stress and a decline in



the antioxidant defenses [11]. These effects were reversed with co-treatment of ALA indicating its capability to safeguard the testes from Ara-C-induced OS warranting a clear beneficial effect against Ara-C induced toxicity in rat fetal testes. Further, a previous study reported that postnatal exposure to Ara-C during pre-pubertal age can cause impairment in the postnatal testicular development, spermatogenesis, and its function at puberty in rats [12]. Ara-C exposure during pre-pubertal age resulted in a massive elevation in DNA damage, apoptosis, and extreme loss of spermatogenic cells. A clear testicular atrophy and impairment in testicular function in terms of oligospermia was observed [12]. In our current study, Ara-C exposure during the embryonic period resulted in a distorted architecture and impaired prenatal development in testes of the fetus as evidenced by the reduced size of Leydig cells, clustering of Leydig cells, reduced number of cells, and vacuolization in STs and interstitial area. These histological and developmental anomalies are clearly indicating the Ara-C's potential in impairing prenatal testicular development in fetuses. These negative claims were further supported by results of the morphometric analysis which revealed a clear reduction in diameter and number of cells in ST and increased tubular density in testes of fetuses. Numerous literature is emphasizing that fetuses are more vulnerable to OS [40].

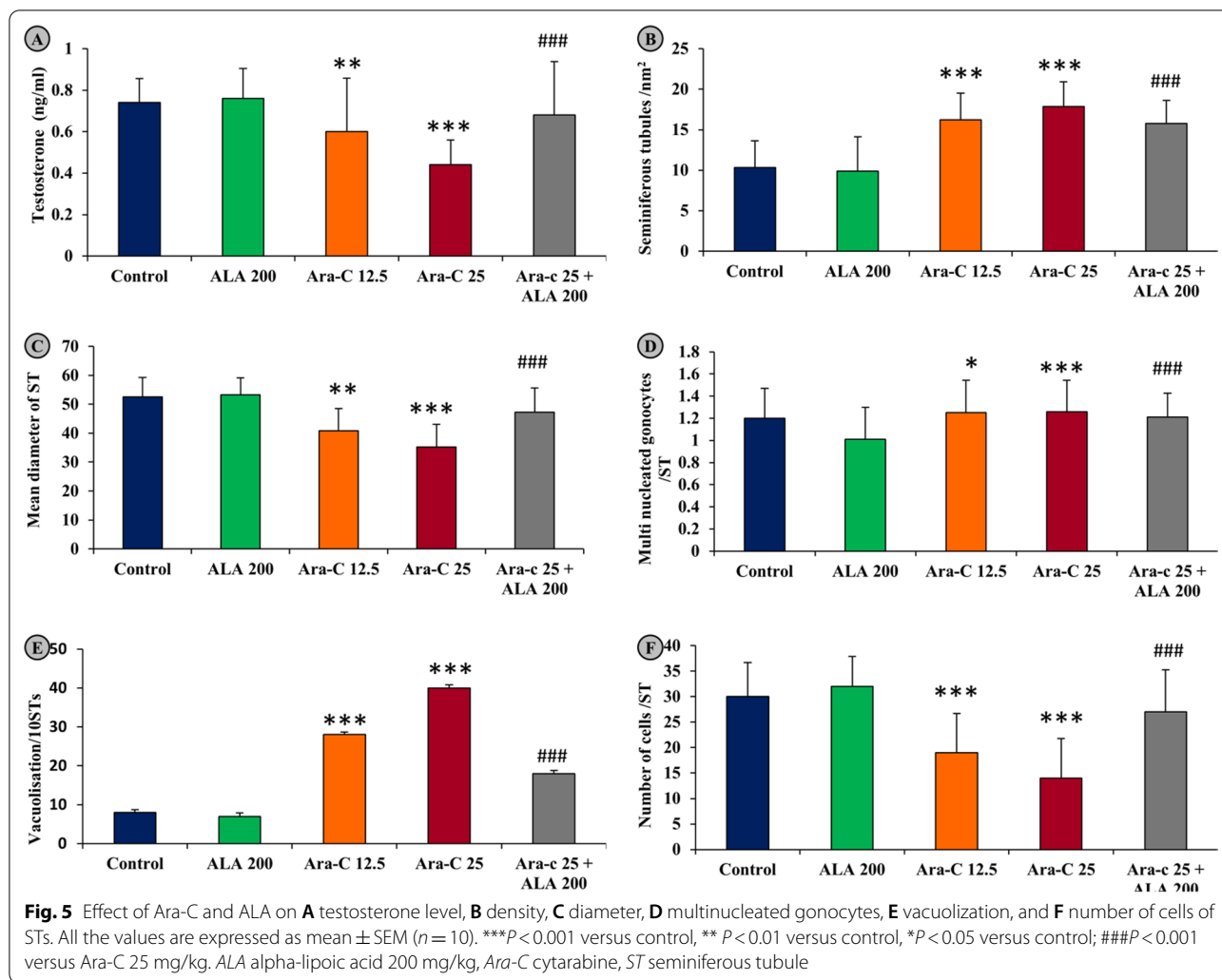
Further, by virtue of its structural and functional uniqueness, testicular tissue is more prone to oxidative damage [46]. Therefore, the negative effects observed in testes of the fetuses of rats that had Ara-C exposure may be ascribed to Ara-C's potential to induce OS, DNA damage, and cytotoxicity and inhibit cell proliferation [12]. It is well reported that the testicular development during fetal life is considered to have a decisive role in the postnatal development and function of the male reproductive system (van den [47]). Therefore, Ara-C exposure during embryonic period may impair the post-natal development and function of the testes.

We also found that prenatal Ara-C exposure causes deleterious effects on fetal Leydig cells and Sertoli cells that work together in a highly coordinated manner to produce testosterone. These deleterious effects of Ara-C are further supported by a significant reduction in fetal bodyweight, testosterone levels and testicular weight. The reduction in the bodyweight and testes is considered as a manifestation of reduction in androgen levels as testosterone was found to play a central role in the development of male reproductive organs and masculinization thereby maintaining the bodyweight [48, 49]. The dose-dependent decline in testosterone levels could be a reason at least in part for reduced bodyweight and testicular weight in rat fetuses that had Ara-C *in-utero* exposure.



Interestingly, the maternal supplementation of ALA showed to improve all the anomalies in testes of the rat fetuses induced by Ara-C's *in-utero* exposure including the bodyweight and testicular weight. This is clearly indicating the beneficial effects of maternal supplementation of ALA while taking Ara-C during pregnancy. It is reported that due to its unique capability to serve as an antioxidant in both hydrophilic and hydrophobic environments (universal antioxidant) and serve as a redox couple, ALA exhibits pleiotropic effects thereby offering beneficial effects against anomalies developed due to pathological conditions and drug-exposure. [21, 50]. Several reports suggested that ALA's beneficial effects are by virtue of its capability to regenerate endogenous antioxidants, serve as a co-factor for several enzymes and curb a wide variety of reactive oxygen species [50, 51]. Further, copious literature is quoting that ALA with a remarkable safety profile has great potential to improve

the pregnancy outcomes in conditions like subchorionic hematomas, miscarriage, and preterm delivery [18, 22, 23, 52–54] and chemical- or disease-induced developmental toxicity [24, 45, 55]. In corroboration to the previous studies, in our current study, ALA demonstrated protective effects against the developmental anomalies in fetal testes induced by Ara-C exposure during the embryonic period. ALA might have inhibited or at least in part countered all the mechanisms through which Ara-C caused its deleterious effects in fetal testes like OS, curtailing cell proliferation, induction of DNA damage, and cellular apoptosis. In recent years, supplementation of natural products or antioxidants during the gestational period is being appraised as it is improving the pregnancy disorders and curtailing chemical- or stress-induced maternal and fetal toxicity [56]. Therefore, it can be postulated that maternal administration of ALA could prevent the Ara-C-induced anomalies in



prenatal developmental and functional aspects of testes and thereby postnatal development and function of the male reproductive system in rats. Though this study proved ALA's potential in alleviating Ara-C-induced testicular toxicity in the rat fetuses, future studies must aim at exploring molecular mechanisms implicated in ALA's protective effects.

5 Conclusions

In conclusion, the findings of the current study show that *in-utero* exposure to Ara-C impairs antioxidant reserve, testosterone production, and development of testes in rat fetuses in a dose-dependent manner. The maternal supplementation of ALA found to protection against the Ara-C-induced anomalies in the development and function of testes in rat fetuses.

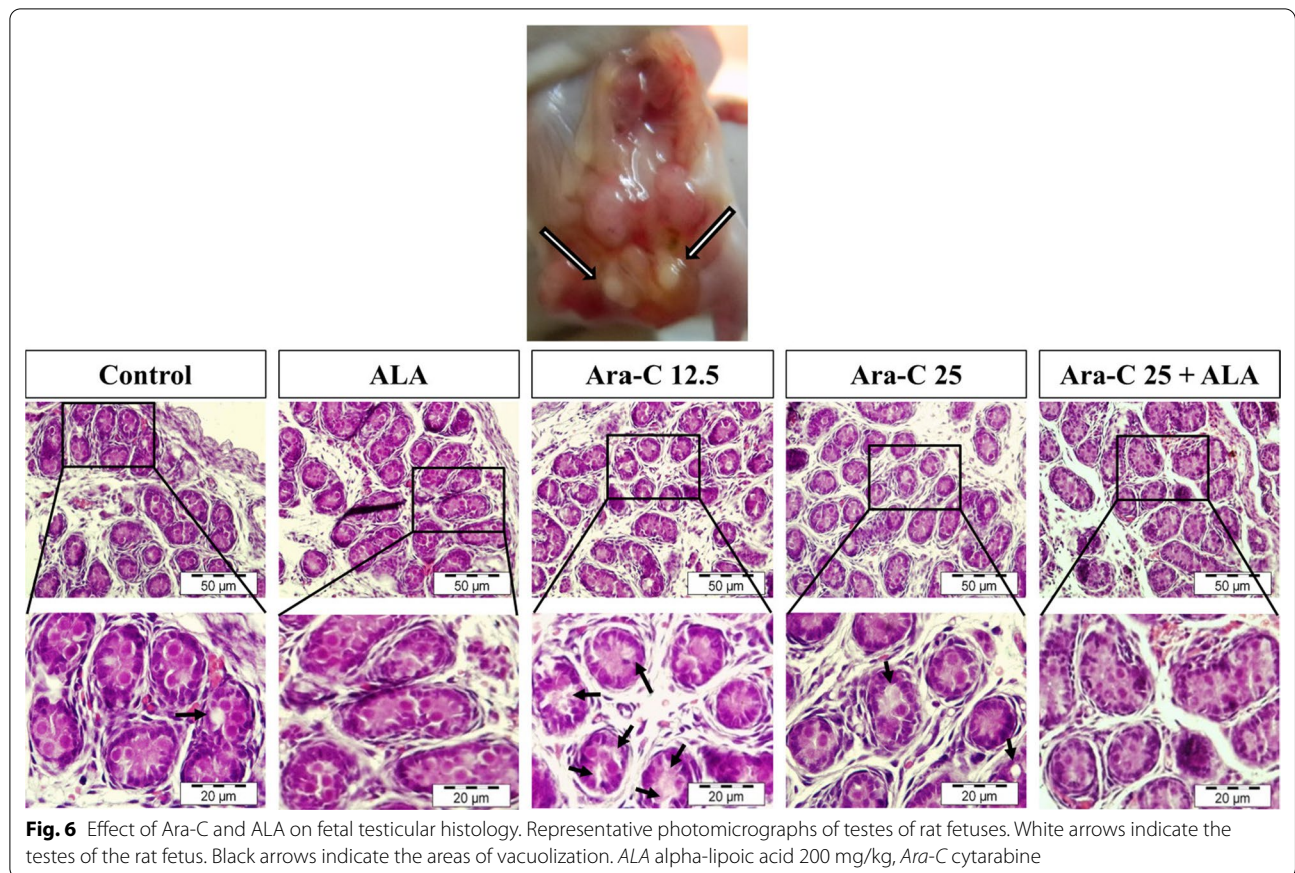


Fig. 6 Effect of Ara-C and ALA on fetal testicular histology. Representative photomicrographs of testes of rat fetuses. White arrows indicate the testes of the rat fetus. Black arrows indicate the areas of vacuolization. ALA alpha-lipoic acid 200 mg/kg, Ara-C cytarabine

Abbreviations

AGD: Anogenital distances; ALA: Alpha-lipoic acid; AML: Acute myeloid leukemia; ANOVA: Analysis of variance; Ara-C: Cytarabine, 1-b-D-arabinofuranosylcytosine; CAT: Catalase; DSE: Degeneration of the seminiferous epithelium; GD: Gestational day; GSH: Glutathione; GSH-Px: Glutathione peroxidase; MDA: Malondialdehyde; MNG: Multinucleated germ; MPW: Masculinization programming window; OS: Oxidative stress; PND: Postnatal day; SEM: Standard error of the mean; SOD: Superoxide dismutase; ST: Seminiferous tubule.

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Author contributions

RN and NKC involved in conceiving the concept and designing the study, analyzing and interpretation of data, revision, and final version approval of the manuscript. RN contributed for literature search, carried out the experiment, wrote the manuscript. NKC supervised the study. All authors read and approved the final manuscript.

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Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Declarations

Ethics approval and consent to participate

The experimental protocol was approved by Institutional Animal Ethics Committee and all experiments were performed in compliance with the guidelines of the committee for the purpose of control and supervision of experimentation on animals.

Consent for publication

Not applicable.

Competing interests

The authors declare no competing interests.

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